

FIGHT (Facing Impurity with Grace, Holiness and Truth)

Session 1:

Introduction to FIGHT (Facing Impurity with Grace, Holiness and Truth)

- *What is the church's opinion on sexuality?*
- *What is the world's opinion on sexuality?*

In order to have a good and successful relationship in life, you must first have a relationship with Christ.

Session 2:

The Sin Cycle

- *Sin doesn't happen at the point of the fall--sometimes it takes years, even decades for a fall to occur but if we are wise and aware, we can intervene in the sin cycle by heeding the truth found in James 1:12-16*
- *Temptation= bad desire + opportunity (temptation does Not = sin)*
- *Sin= bad desire + opportunity + action*
- *Death= bad desire + opportunity + action + no repentance*

Session 3:

Sexually transmitted diseases

- *Watch and discuss Pam Stenzel's talk on sexually transmitted diseases <https://www.youtube.com/watch?v=OFYPigFlp7w> (Sex Has a Price Tag)*

Session 4:

Addressing myths regarding purity

- *Addressing and answering questions about myths regarding purity.*

Session 5:

Character building

- *Give real life examples about how a mature person acts versus an immature person depending on stages of maturity.*