



“If you knew the gift of God...you would have asked Him, and He would have given you living water.” – John 4:10

# What is the Living Water?

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"The living water is the grace of the Holy Spirit which is given to those who believe in Christ and which becomes in them a wellspring of life." (St. Augustine)

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“He promises the water of spiritual doctrine, which makes those who receive it and keep it within themselves stronger than death.” (St. John Chrysostom)

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“The living water is the grace of the Holy Spirit, which transforms the soul and renews it, making it capable of participating in the divine life.” (St. Cyril of Alexandria)



# The Power of Living Water

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3<sup>rd</sup> Sunday of Pentecost

# 1. Transformative Power

- The Living Water has the power to transform your life
- How can I transform my life?
- **Seek where Christ is**
- “If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God.”  
(Col. 3:1)



# 1. Transformative Power

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- **Set your mind on things above**
- “Set your mind on things above, not on things on the earth.” (Col. 3:2)
- *“Let it be beyond doubt that every one of us, male or female, young or old, who was baptized in the name of the Father, the Son, and the Holy Spirit has been assigned to a designated angel until the day of his death to report to [God] every day what his assigned individual has done by day or by night.” (St. Shenouda the Archimandrite)*



# 1. Transformative Power

- **Remember you died**
- “For you died, and your life is hidden with Christ in God.” (Col. 3:3)
- **He desires we appear with Him in glory**
- "And the glory which You gave Me I have given them, that they may be one just as We are one." (Jn. 17:22)
- “When Christ who is our life appears, then you also will appear with Him in glory.” (Col. 3:4)

## 2. Power to tell the truth

- The truth can sometimes be embarrassing or humiliating
- “If we say that we have no sin, we deceive ourselves, and the truth is not in us.” (1 Jn. 1:8)
- The truth is liberating
- And you shall know the truth, and the truth shall make you free." (Jn. 8:32)

### 3. Power to preach or evangelize

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- "Now when they bring you to the synagogues and magistrates and authorities, do not worry about how or what you should answer, or what you should say. 12 For the Holy Spirit will teach you in that very hour what you ought to say." (Lk. 12:11)