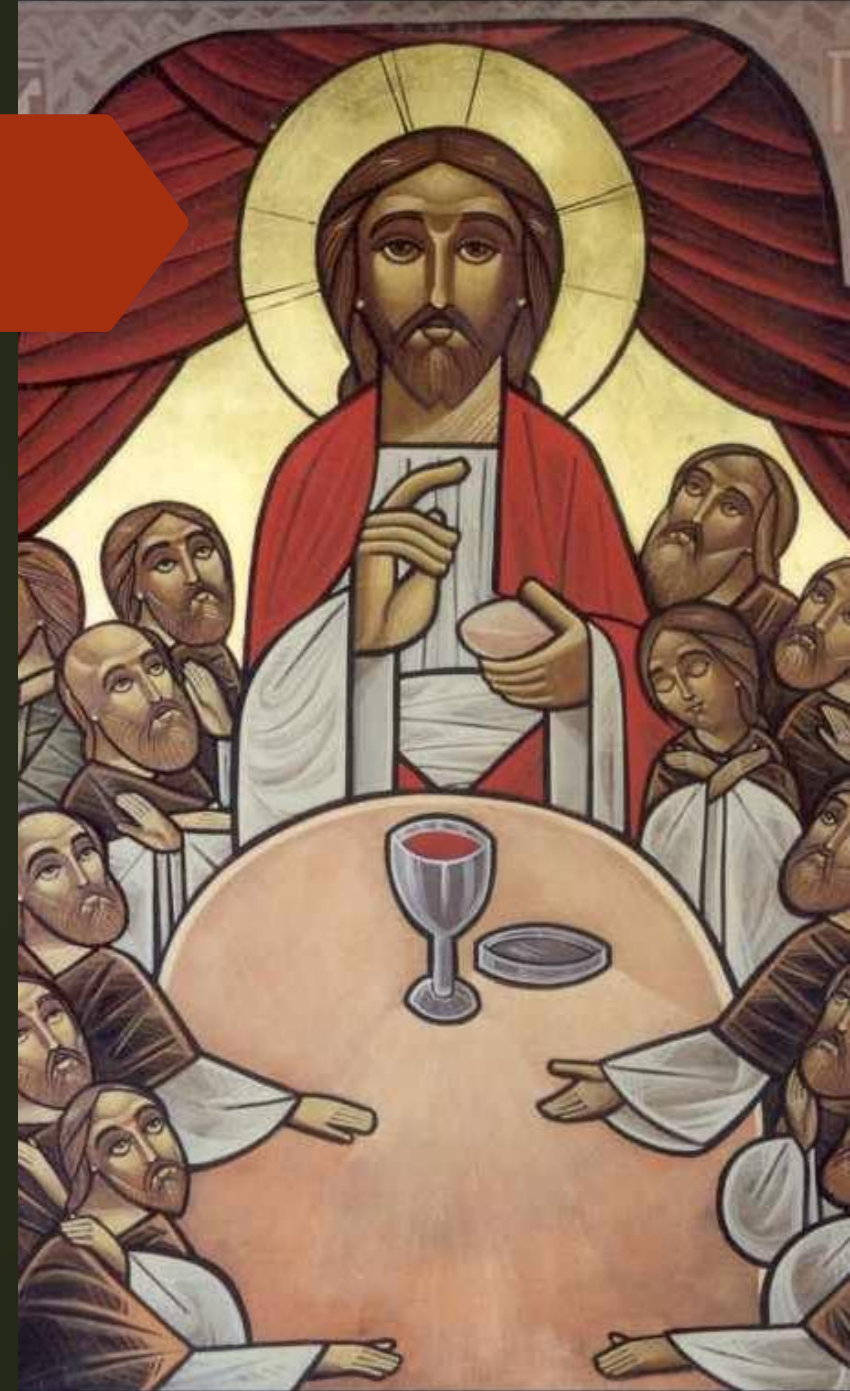




“And Jesus took the loaves, and when He had given thanks He distributed them to the disciples, and the disciples to those sitting down...” – John 6:11

# The Living Bread

- ▶ **“I am the living bread** which came down from heaven. If anyone eats of this bread, he will live forever; and **the bread that I shall give is My flesh**, which I shall give for the life of the world.” The Jews therefore quarreled among themselves, saying, “How can this Man give us His flesh to eat?” Then Jesus said to them, “Most assuredly, I say to you, **unless you eat the flesh of the Son of Man and drink His blood, you have no life in you.**” (Jn. 6:51-53)





# Preparing for the Eucharist

2<sup>nd</sup> Sunday of Amshir

# 1. Prepare for Prayer by Prayer

- ▶ “I was glad for those who said to me, ‘we will go to the house of the Lord.’” (Ps. 121)
- ▶ “One thing I have asked of the Lord, this also I will seek, that I should dwell in the house of the Lord all the days of my life, that I should behold the fair beauty of the Lord, and visit His holy temple.” (Ps. 26:4)
- ▶ “How beloved are Your dwellings, O Lord, God of hosts! My soul longs, and faints for the courts of the Lord...” (Ps. 83)
- ▶ “Grant us sobriety, O Lord, that we may know how to stand before You at times of prayer.” (Psalmody, Introduction to Midnight Praises)

## 2. Cultivating the Right Mindset





### 3. Repentance

- “Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord. But let a man examine himself, and so let him eat of the bread and drink of the cup.” (1 Cor. 11:27-28)
- EX: Zacchaeus

## 4. Bring an Offering

- ▶ “Now concerning the collection for the saints, as I have given orders to the churches of Galatia, so you must do also: On the first day of the week let each one of you lay something aside...” (1 Cor. 16:1-2)
- ▶ “...they shall not appear before the LORD empty-handed. Every man shall give as he is able, according to the blessing of the LORD your God which He has given you.” (Deut. 16:16-17)
- ▶ “I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.” (Rom. 12:1)





## 5. Reconciliation

- “Therefore if you bring your gift to the altar, and there remember that your brother has something against you, leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift.” (Matt. 5:23-24)
- “For as we have many members in one body, but all the members do not have the same function, 5 so we, being many, are one body in Christ, and individually members of one another.” (Rom. 12:4-5)





## 6. Honor Him and His Home

How then can we dishonor God who invites us to this heavenly banquet?

# 7. Thanksgiving

- ▶ Do we offer Him thanks
- ▶ EX: Cleansing the Ten Lepers
- ▶ “Were there not ten cleansed? But where are the nine?” (Lk. 17:17)

