

“In the world you will have tribulation; but be of good cheer, I have overcome the world.” – John 16:23

Overcoming Lies with Honesty

6th Sunday of
Pentecost

Recap

- Types of lies

1. Denial of the truth
2. Avoiding the truth
3. Omission
4. Fabrication
5. Exaggeration
6. Hypocrisy
7. False Witness

- Dangers of lies

1. Lies breed lies
2. It separates us from God
3. Lies confuse and delude reality
4. Lies often deprive us of the help we might desperately need
5. Lies tarnish our credibility
6. Lies hinder our repentance

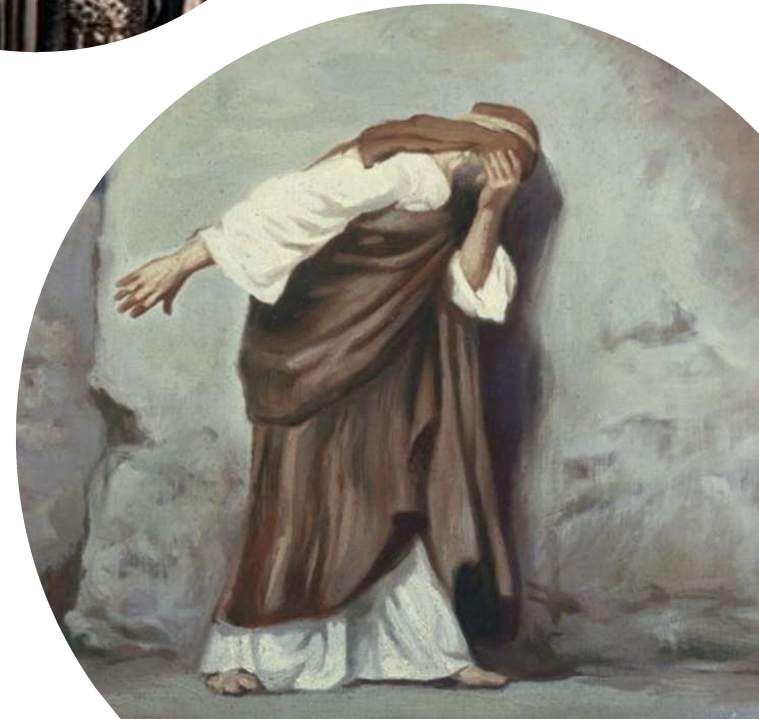
Why do we lie?

1. Fear

- EX: St. Peter

2. Win Admiration

- EX: Pharisees



Why do we lie?

3. Greed

- EX: Ananias and Sapphira

4. Ambition for position or influence

5. To cover a sin



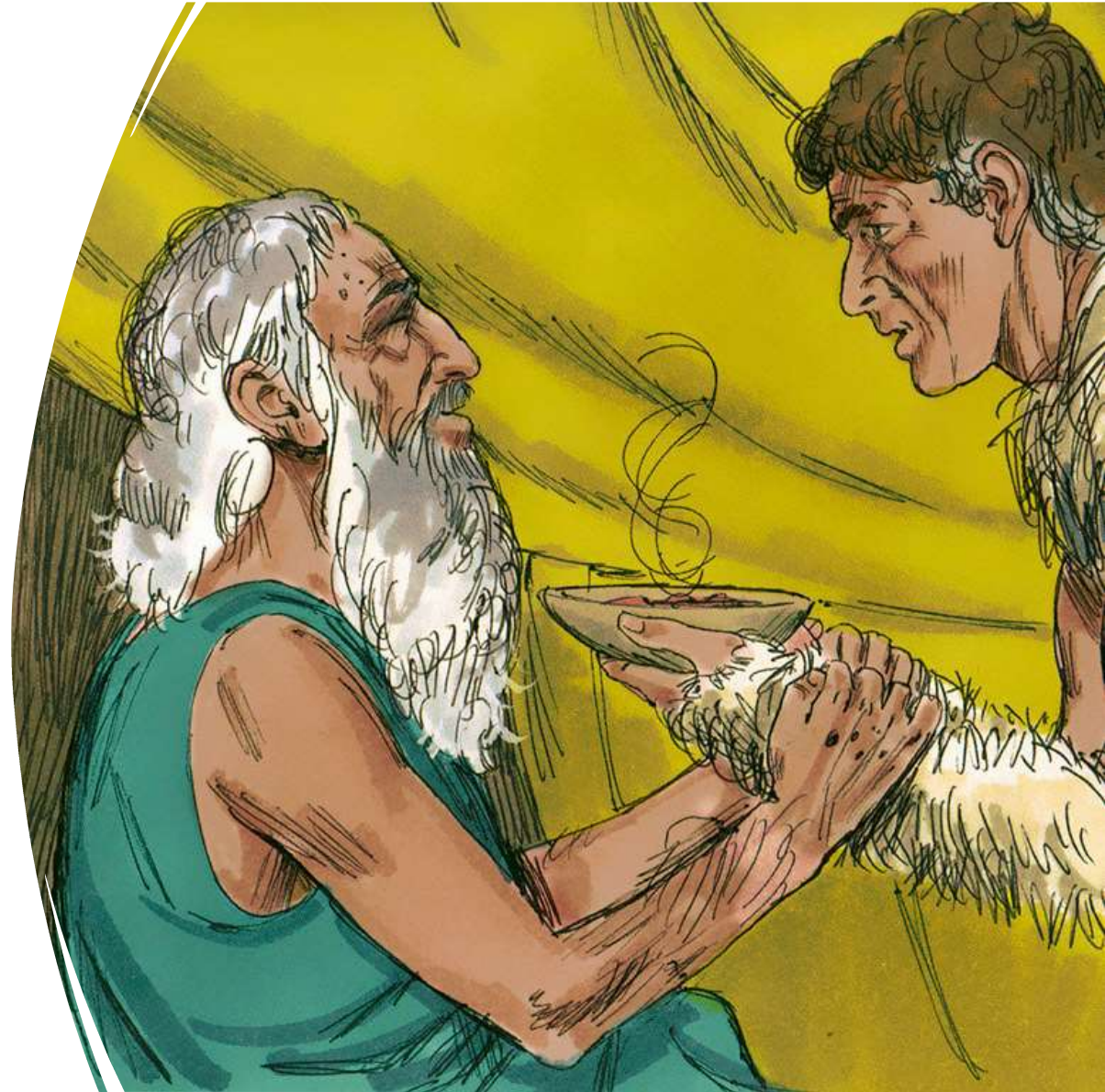
Why do we lie?

6. Establish control over a situation.

- EX: Rebekah dresses Jacob in goat skin

7. Maintain privacy

8. Avoid embarrassment



Overcoming the sin of Lying

1. Be precise with your words

2. Purify your inner self

- “Blind Pharisee, first cleanse the inside of the cup and dish, that the outside of them may be clean also.” (Matt. 23:26)
- “...for I will speak the truth. But I refrain, lest anyone should think of me above what he sees me to be or hears from me.” (1 Cor. 12:6)



Overcoming the sin of Lying

3. Confess the lie

- "...have no fellowship with the unfruitful works of darkness, but rather expose them." (Eph. 5:11)

4. Lying increases stress

- *"The character of the soul is its commitment. By the choices we make and the values we embrace, we shape our own destiny. Truth is the soul's sustenance; falsehood, its poison. Let truth be your guiding principle, for lying disrupts the harmony of the soul."* Tertullian (c. 155-240)

Overcoming the sin of Lying

5. Be faithfully honest

- “But let your 'Yes' be 'Yes,' and your 'No,' 'No.' (Matt. 5:37)