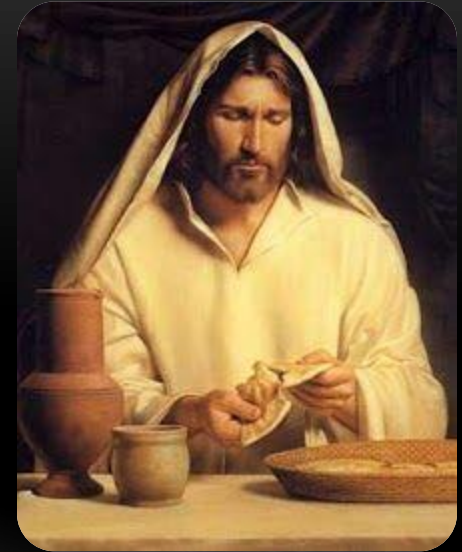


“I am the Bread of Life”

John 6:35



Our Faith
in the
Eucharist:
A Doctrine
and
A Virtue



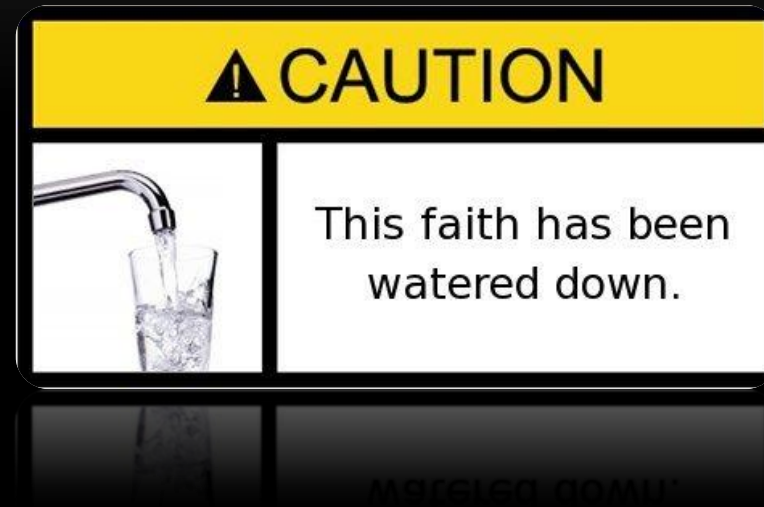
1. Believing God ⁽¹⁾

- Our knowledge about God is what He reveals to us not what we think about Him.
- The false notion about “simple religion”!



1. Believing God ⁽²⁾

- “If Christianity was something we were making up, of course we could make it easier. Of course anyone can be simple if he has no facts to bother about” *C.S. Lewis*



1. Believing God ⁽³⁾

- “Abraham believed God, and it was accounted to him for righteousness.” *Romans 4:3*
- Our righteousness comes from believing that we partake of the true Body and Blood of our Savior.



1. Believing God ⁽⁴⁾

- Between “What God said” and “What God meant”
- “he who does not believe God has made Him a liar, because he has not believed the testimony that God has given of His Son” *1 John 5:10*



2. Understanding the Prophecies

- The two antitypes (symbols) of the Eucharist from the Old Testament:
 - The Passover Lamb
 - The Manna



3. Acknowledging our shortcomings

- The first step in acquiring humility is to acknowledge that we are proud.
- Coming to partake of the Mysteries is a confession of not being able to be righteous on my own



4. Offering Thanksgiving

- Man has no precious gift to offer to God more than what God has already given to us: His Body and Blood
- It is our appreciation to God who offers everything for nothing



5. Proclaiming His Death

- “For as often as you eat this bread and drink this cup, you proclaim the Lord’s death till He comes.” *1 Corinthians 11:26*
- It is our weekly evangelism through the Liturgy



6. Accepting unity with other members

- “For we, though many, are one bread and one body; for we all partake of that one bread.”

1 Corinthians 10:17

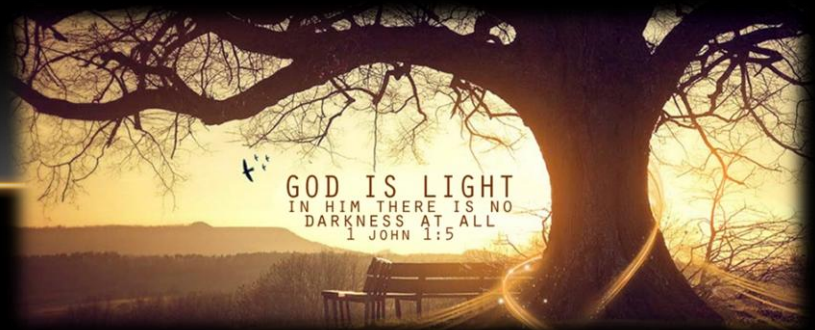
- “...that we may become one body and one spirit...”



7. Understanding the Nature of God ⁽¹⁾

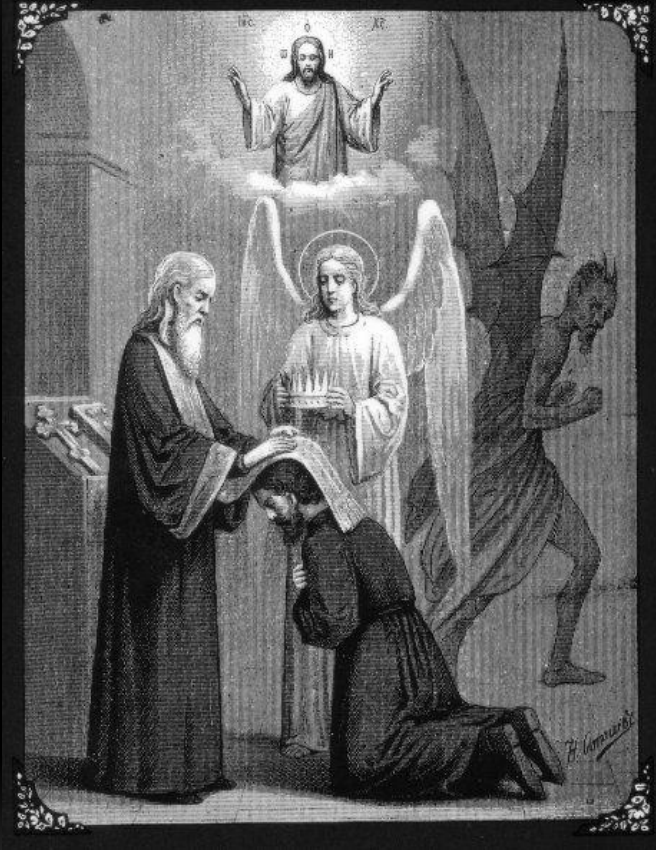
- “God is light and in Him is no darkness at all. If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth.”

1 John 1:5-6



7. Understanding the Nature of God ⁽²⁾

- The importance of repentance and examining oneself before partaking of the Mystery



7. Understanding the Nature of God ⁽³⁾

- “But let a man examine himself, and so let him eat of the bread and drink of the cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord’s body.

1 Corinthians 11:28-29

