"If anyone comes to Me and does not hate his father and mother, wife and children, brothers and sisters, yes, and his own life also, he cannot be My disciple."

Luke 14:26

What does it mean to "Hate One's Self"?





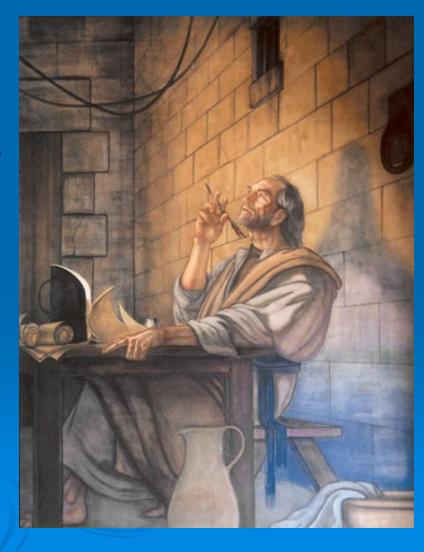
1. To Judge the "Self"

"Do you not even fear God, seeing you are under the same condemnation? And we indeed justly, for we receive the due reward of our deeds; but this Man has done nothing wrong" Luke 23:41

The sacrament of confession and repentance

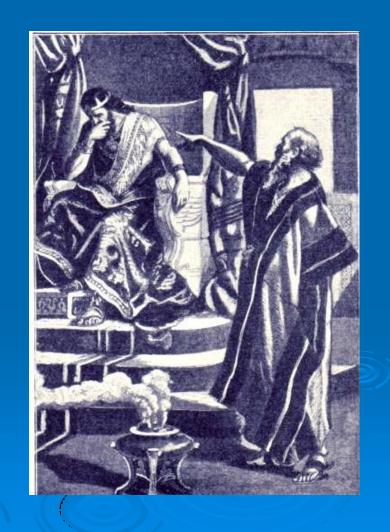
2. To accept the "loss"

"But what things were gain to me, these I have counted loss for Christ. Yet indeed I also count all things loss for the excellence of the knowledge of Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them as rubbish, that I may gain Christ" Philippians 3:7-8



3. To admit fault and accept rebuke

"Thus says the LORD: 'Behold, I will raise up adversity against you from your own house; and I will take your wives before your eyes and give them to your neighbor, and he shall lie with your wives in the sight of this sun. For you did it secretly, but I will do this thing before all Israel, before the sun.' So David said to Nathan, 'I have sinned against the LORD.""



2 Samuel 12:11-13

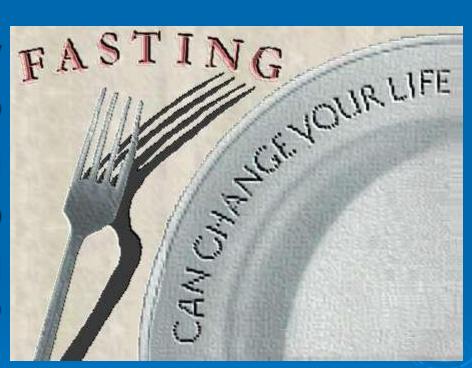
4. To believe that I own nothing and everything is His

- "O LORD our God, all this abundance that we have prepared to build You a house for Your holy name is from Your hand, and is all Your own"
 1 Chronicle 29:16
- "When he had greeted them, he told in detail those things which God had done among the Gentiles through his ministry" Acts 21:19



5. To discipline the "Self"

> "But I discipline my FASTING body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified"



1 Corinthians 9:27

6. To be able to forgive rather than satisfy the "Self" with revenge

"I have great sorrow and continual grief in my heart. For I could wish that I myself were accursed from Christ for my brethren, my countrymen according flesh" the to **Romans 9:2-3**



7. To reject "Self" wisdom and not to rely on one's own understanding

- "Trust in the LORD with all your heart, And lean not on your own understanding"
 Proverbs 3:5
- The virtue of true obedience



Key Verses

- "...nor do I count my life dear to myself"
 Acts 20:24
- For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it"

Mark 8:35

