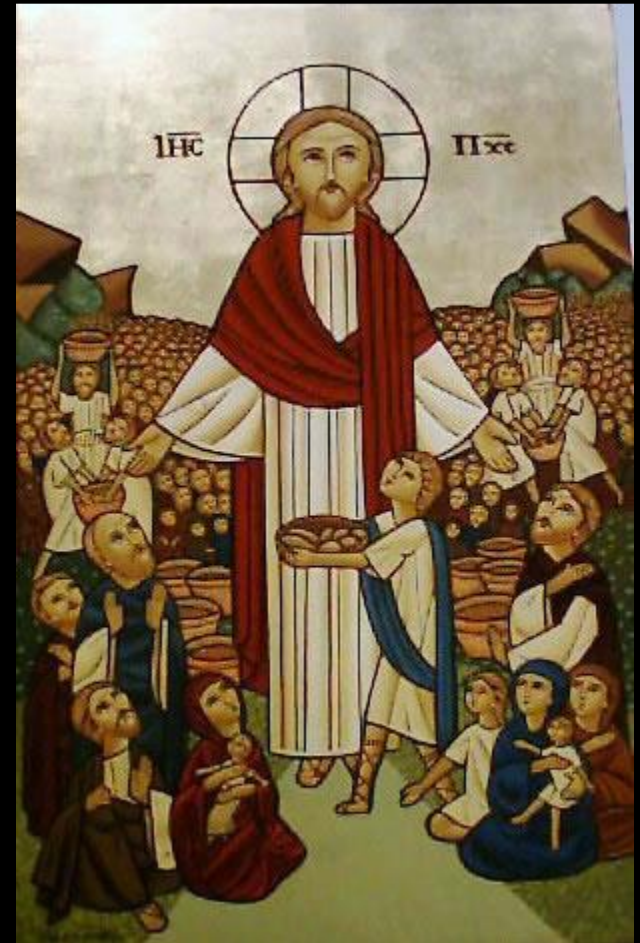


**“This is truly
the Prophet
who is to
come into the
world.”**

John 6: 14



The Crisis of the Mind while “Living Under Influence (LUI)”



Highlights

1. Types of influences
2. Effects of LUI
3. The way to freedom



Influences

```
graph TD; A[Influences] --> B[Internal]; A --> C[External];
```

A diagram illustrating the concept of 'Influences'. At the top, a light brown rectangular box contains the word 'Influences' in a stylized, orange-outlined font. Two large, light green arrows point downwards from this box. The left arrow points to a red oval containing the word 'Internal' in white text. The right arrow points to a red oval containing the word 'External' in white text. The entire diagram is set against a dark gray background.

Internal

External

External Influences ⁽¹⁾

1. The Culture values



Nerd!

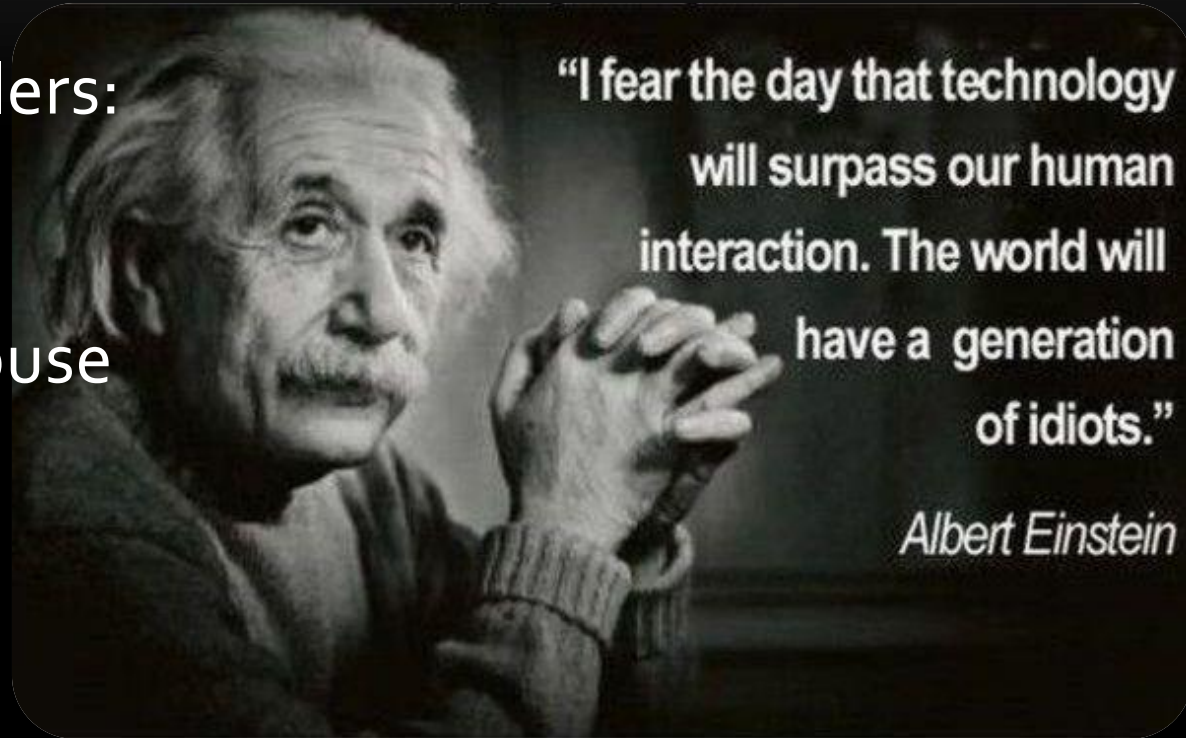


Cool!!

External Influences ⁽²⁾

2. The Mind stealers:

- Visual stimuli
- Substance abuse
- Behavioral addictions
- Communication technologies



"I fear the day that technology will surpass our human interaction. The world will have a generation of idiots."

Albert Einstein

External Influences ⁽²⁾

- 3. Parents and styles of upbringing
- 4. Religious beliefs and practices



Internal influences ⁽¹⁾

1. Emotions:

- Anger, love, and hatred
- Hurt people ...hurt other people!
- Unrestrained passions
- Unsatisfied emotions



Internal influences ⁽²⁾

2. Insecurity:

- The victim mentality
 - The sense of inferiority
- and its paradoxical presentations
- Seeking control
 - Selfishness

The steps of insecurity

Comparison

Compensation

Competition

Compulsion

Condemnation

Control

Internal influences ⁽³⁾

3. Superficiality:

- Irrational thinking
- Narrow mindedness
- Superstitious
- Rejecting reason and learning
- Drawing the wrong conclusions



Internal influences ⁽⁴⁾

4. Convictions:

- What I believe as good, accepted, helpful, enough, and godly
- Rationalizing the belief and believing what is rational!



Internal influences ⁽⁵⁾

5. The Ego:

- Ranges from seeking praise and acknowledgement to being governed by an “internal god”
- Adopt what my mind only sees, hears, and feels



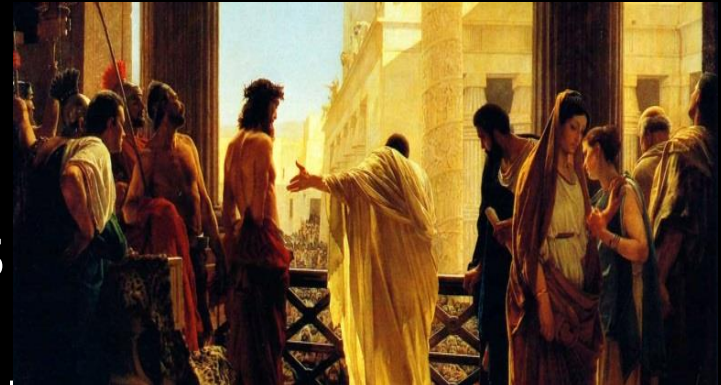
Internal influences ⁽⁶⁾

5. The Ego: (Cont. 1)

- Matters of faith are subject to approval and disapproval of the “internal god”

- The offense of the Cross

- The hidden and manifest rebellion



Internal influences ⁽⁷⁾

5. The Ego: (Cont. 2)

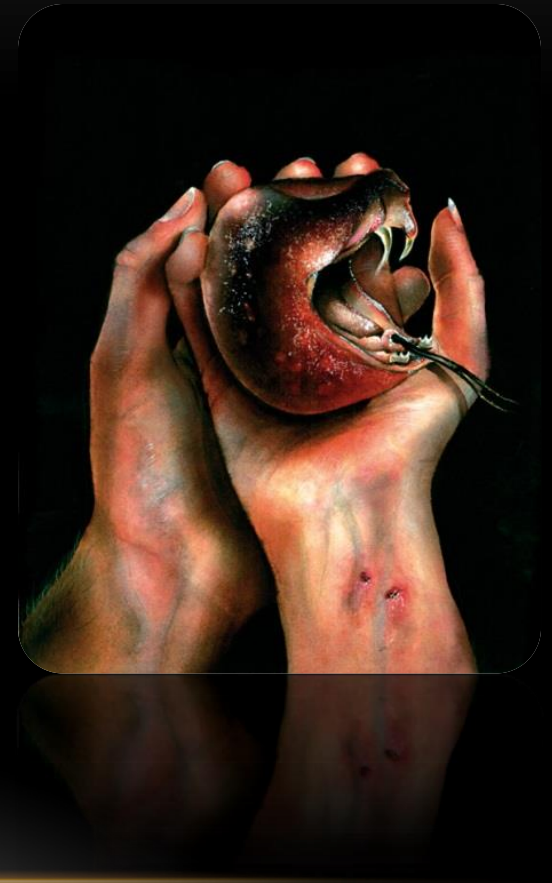
- The irrelevance and rejection of references and counsel!
- The necessity of the masks to calm the conscience and polish the image
- Living by self-experience



Internal influences ⁽⁸⁾

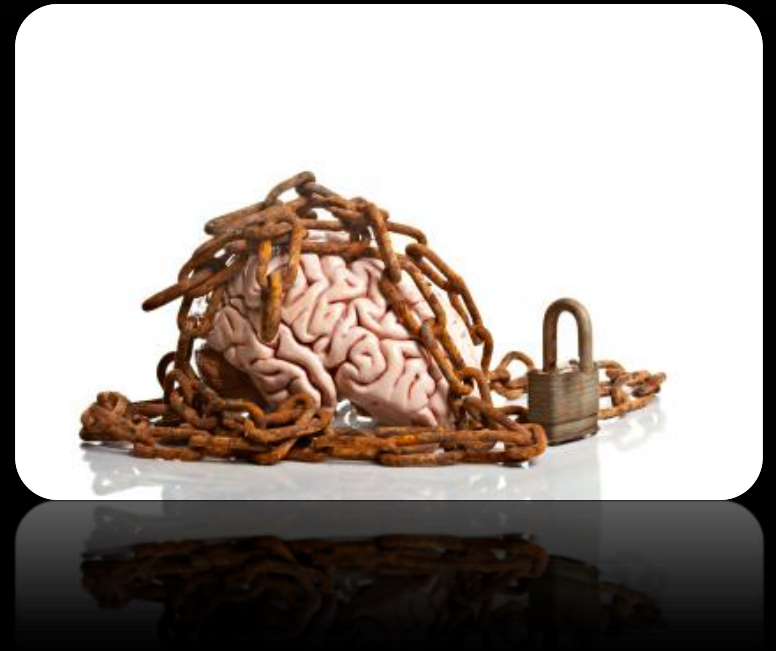
6. Beloved Sin:

- The burden of craving
- The burden of guilt
- Satan's solution: Cancel God!



The Effects of “Living Under Influences” ⁽¹⁾

1. Altered reality
2. Suffering of self and of others
3. Captivity and loss of control
4. Frequent stumbles



The Effects of “Living Under Influences” ⁽²⁾

- 5. Announced or concealed rejection of God
- 6. Going in circles with life
- 7. Distractions and loss of focus



The Way to Freedom ⁽¹⁾

1. Avoid the exposure to harmful influences
2. Often checking the reality we live in
3. Living by what we learned as good and godly



The Way to Freedom ⁽²⁾

4. The renewal of the mind:

- Learning
- The right experiences
- Repentance
- Discipleship

5. The virtue of “detachment”



The Way to Freedom ⁽³⁾

6. The daily encounters with
“Christ”

HUMILITY

7. The Life Saving Float:
Humility

