

**“...flee to Egypt, and stay
there until I bring you
word”**

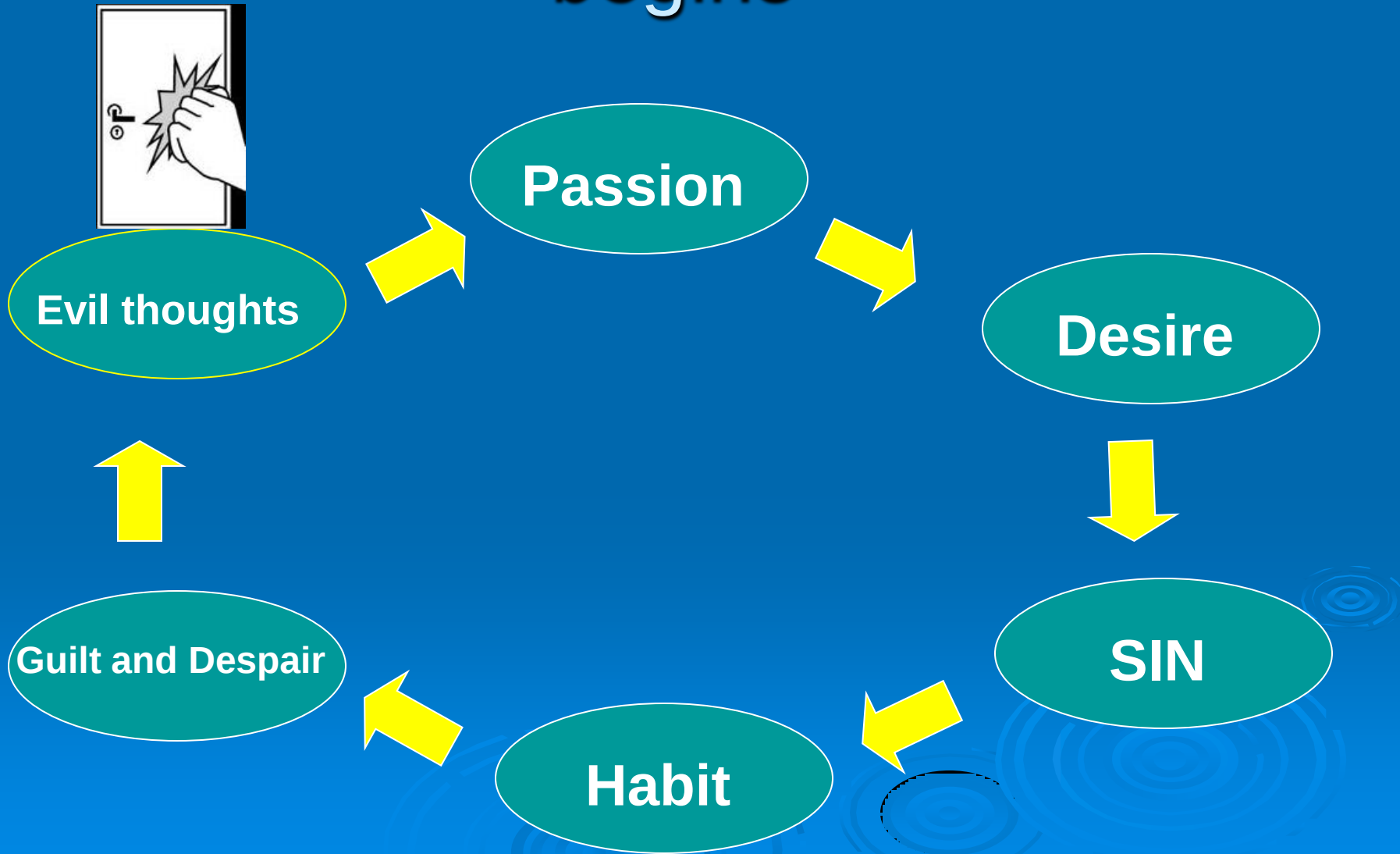
Matthew 2:13



Fleeing the evil thoughts: Why and How?



The “mind” is where the battle begins



It is easier to win at the door

- “And if you do not do well, sin lies at the door. And its desire is for you, but you should rule over it”
Genesis 4:7



1. The winning strategy: Flee

- Recognizing the pattern
- What seems innocent at the beginning
- “bringing every thought into captivity to the obedience of Christ”

2 Corinthians 10:15



2. The Power of Prayer

- Consistent and long prayers
- Instant prayers at all times



3. Guarding the senses

- The windows to the mind
- The danger of images
- “I have made a covenant with my eyes; why then should I look upon a young woman?”

Job 31:1



4. Provide Positive Input

- Spiritual readings
- Biography of the saints



5. Avoid idleness

- “Purity of mind and idleness are incompatible”

Mahatma Gandhi



6. Expose the thoughts in confession

- “He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy”

Proverbs 28:13



7. Do not be scared

- Ugly thoughts and my responsibility

